

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 40-44 800 Free**

13:04.15	Sarah Carr at Armadale Endurance LC June 2023	1/06/2023	WAM
12:49.35 **	Sarah Carr at Armadale Endurance LC August 2024	1/08/2024	WAM

Female 40-44 1500 Free

24:53.06	Sarah Carr at Armadale Endurance LC March 2023	1/03/2023	WAM
24:15.20 **	Sarah Carr at Armadale Endurance LC August 2024	1/08/2024	WAM

Female 40-44 400 Breast

7:23.67	Sarah Carr at Armadale Endurance LC May 2023	1/05/2023	WAM
7:22.06 **	Sarah Carr at Armadale Endurance LC August 2024	1/08/2024	WAM

Female 40-44 800 Breast

15:15.30	Sarah Carr at Armadale Endurance LC February 2024	1/02/2024	WAM
14:59.24 **	Sarah Carr at Armadale Endurance LC August 2024	1/08/2024	WAM

Female 40-44 1500 Breast

29:27.45	Sarah Carr at Armadale Endurance LC March 2023	1/03/2023	WAM
28:30.09 **	Sarah Carr at Armadale Endurance LC August 2024	1/08/2024	WAM

Female 40-44 800 Fly

16:31.17	Sarah Carr at Armadale Endurance LC May 2024	1/05/2024	WAM
16:26.19 **	Sarah Carr at Armadale Endurance LC August 2024	1/08/2024	WAM

Female 45-49 400 Free

6:46.97	Gillian Caruso at Armadale Aerobics 2015	22/12/2015	WAM
6:43.58 **	Megan Webster at Armadale Endurance LC August 2024	1/08/2024	WAM

Male 55-59 1500 Free

25:11.73	Graham Cragg at Armadale Aerobics 2011	9/01/2011	WAM
24:52.66 **	Marcel Weijers at Armadale Endurance LC August 2024	1/08/2024	WAM