



## **Armadale Masters Swimming Club**

### **NEWSLETTER**

**January 2025**

**Very Important Repeat!**

**Membership Renewal must be made  
ASAP, otherwise.....!**

**Please pay online at [Swim Central](#).**

- If you are a previous Masters member **DON'T** register for a new account, select "Forgot password". After resetting your password login and click on Store, select Membership then search for Armadale Masters Swimming Club. If you don't know your registered email address contact the club Membership Officer.
- If you have an existing Swim Central profile, login and click on Store, select Membership then search for Armadale Masters Swimming Club. If you don't have a Swim Central profile create one by clicking "Don't have a login? Register for an account". Once your profile is created, login and click on Store, select Membership then search for Armadale Masters Swimming Club.

**Armadale Masters swimming membership fee for 2025 is \$162.65.** Cost includes Masters Affiliation of \$117.93 and a club fee of \$44.72. Membership valid from 1/12/2024 to 31/12/2025.

Thanks to Graham Hicks for sorting out the Newsletter Editor's online membership renewal. Somehow this editor had problems renewing. Senility might be a reason.

## **Other Important Notices**

- **Our March Club Championships will be held on Saturday 8<sup>th</sup> March. This is because the first Saturday in March is a long weekend and the State Open Water Swim at Mullaloo Is also being held on 1<sup>st</sup> March**
- **Our AGM follows the Club Champs (Saturday morning 10 am, 8th March). Please attend. We need to elect a committee. The club does not run without a committee.**
- **Newman College Interclub pool swim long course is being held on 16th February. Can AMSC get a team together for this event once popular with Armadallians? Consult with Heather Croft and or Fettes Falconer. Better still, click on the link way below:**

**Newman Churchlands Masters invites MSWA members to participate in the first MSWA meet of 2025. It is a fun meet followed by a good meal!**

### **MEET OVERVIEW**

**The Meet is part of the Club Challenge Series and is held in a 50-metre outdoor pool.**

**It is open to all MSWA members of all ages and abilities.**

### **MEET DETAILS**

**Date: Sunday 16 February 2025**

**Venue: Newman College Pool, Empire Avenue Churchlands. The venue is an outdoor long course pool**

**Warm-up time: Warm Up starts at 8.15am**

**Start time: The Meet starts at 9.00am**

**Finish time (approx.): It is anticipated that the Meet will finish at about 12.30pm. Lunch is provided.**

**Cost of meet and Pool entry:** Cost of meet entry is \$12.00 per swimmer (plus booking fee). This includes entry to the pool.

**Entries Close:** Entries close on 6 February 2025

**REGISTRATION LINK:** <http://www.myswimresults.com.au/Entries.aspx?MeetID=MAU|61>

**Contact details:** The Meet Co-Ordinator is Frank Maloney 0402 786 011

## Club Reports

A good Coogee swim was had by all who attended. No stingers to report. Even Megan the fearful – of - fishes swam.... there and back! Rose did not. She forgot her goggles.





**Fettes (for FF and F ie fun, friendship and fitness) is organising another Coogee swim and breakfast on **Australia Day, Sunday 26<sup>th</sup> January**. (Heb and Chas will be flat out cruising.) Parking at Coogee will be at a premium. Get there at 7 am. We will wait for you at the above tables of the Coogee Café and then will amble down to the sea at 7.45 am to be in the briny no later than 8 am. **You need to tell Fettes you intend attending.****

**Our Committee is pushing for a big Jetty to Jetty**



2025 turnout. Look at this turnout from about 10 years ago (17 of us!):



[CTRL and Click: Coogee Jetty to Jetty Swim 29 2025 | Online Entries](#) (There may well be places still available)

## The Benefits of Swimming

Swimming allows people to exercise at their own pace, which is ideal for those who are new to immersing themselves in water or feel very unfit, or are ageing gracefully, or even disgracefully!