

Armadale Masters Swimming**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]****Female 30-34 200 Free**

2:41.51	Alexandra Holt at Club Championships 1 2020	1/02/2020	WAM
2:33.68 **	Natalie Upson at Masters Swimming WA State Championships	3/05/2025	WAM

Female 30-34 100 Back

1:27.27	Alexandra Holt at Club Championships 2 2020	7/03/2020	WAM
1:19.35 **	Natalie Upson at Masters Swimming WA State Championships	3/05/2025	WAM

Female 30-34 200 Back

3:06.76	Rowena Burch at Masters Swimming WA All Club Challenge	15/10/2016	WAM
2:48.66 **	Natalie Upson at Masters Swimming WA State Championships	3/05/2025	WAM

Female 30-34 200 IM

2:55.95	Natalie Upson at Masters Swimming WA State Championships	20/04/2024	WAM
2:52.58 **	Natalie Upson at Masters Swimming WA State Championships	3/05/2025	WAM

Female 40-44 200 Free

2:43.50	Sarah Carr at 2024 ABCCC Riverton Masters	14/07/2024	WAM
2:42.12 **	Sarah Carr at Masters Swimming WA State Championships	3/05/2025	WAM

Female 45-49 50 Free

34.59	Megan Webster at 2024 ABCC Fremantle Club Carnival	24/03/2024	WAM
34.57 **	Megan Webster at Masters Swimming WA State Championships	3/05/2025	WAM

Female 45-49 100 Breast

1:54.36	Nicole Badani at Armadale Club Championships 2 2023	11/03/2023	WAM
1:44.74 **	Megan Webster at Masters Swimming WA State Championships	3/05/2025	WAM

Female 45-49 200 Fly

4:15.65	Megan Webster at 2024 ABCCC Riverton Masters	14/07/2024	WAM
3:57.27 **	Megan Webster at Masters Swimming WA State Championships	3/05/2025	WAM