

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****MSQ State LC Championships 2025 06-Nov-25 to 08-Nov-25 [Ageup: 31/12/2025] LC Meters****Location: Brisbane Aquatic Centre****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Upson, Natalie (33) F					
3:08.13L	F # 3	Female 30-34 200 Breast	1	10	-0.36
1:25.81L	F # 19	Female 30-34 100 Breast	1	10	-2.53
2:51.21L	F # 24	Female 30-34 200 IM	1	10	-1.37
38.33L	F # 29	Female 30-34 50 Breast	1	10	-1.53
6:39.87L	F # 33	Mixed 30-34 400 Breast	1	10	-23.93