

Armadale Masters Swimming

Individual Records Report for Armadale-S

Armadale Masters Swimming [WAM]

Female 40-44 200 IM

3:58.55	Heather Jeps at Armadale Club Championships 1 2015	4/04/2015	WAM
2:58.05 **	Sarah Carr at Armadale Club Championships 5 2026	6/06/2026	WAM

Female 45-49 200 Free

3:01.31	Gillian Caruso at Armadale Club Championships 9 2014	4/10/2014	WAM
2:54.00 **	Megan Webster at Armadale Club Championships 5 2026	6/06/2026	WAM

Male 50-54 200 IM

3:15.51	Wayne Sams-Hayes at Armadale Club Championships 5 2024	1/06/2024	WAM
3:11.85 **	Wayne Sams-Hayes at Armadale Club Championships 5 2026	6/06/2026	WAM